ASC PPO

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Coverage Period: 10/1/2020 - 9/30/2021

Coverage for: Enrollee + Eligible Dependents | **Plan Type: PPO**

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. Note: Information about the cost of the plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit https://members.bcidaho.com/my-account/my-account-my-contract.page. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-800-627-1188 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall Deductible?	**$750** person/**$1,500** family	Generally, you must pay all of the costs from Providers up to the Deductible amount before this Plan begins to pay. If you have other family members on the Plan, each family member must meet their own individual Deductible until the total amount of Deductible expenses paid by all family members meets the overall family Deductible.
Are there services covered before you meet your Deductible?	Yes. Pharmacy, services that require Copays, listed immunizations, In-Network hospice care and Preventive Care are covered before you meet your Deductible.	This Plan covers some items and services even if you haven't yet met the Deductible amount. But a Copayment or Cost Sharing may apply. For example, this Plan covers certain Preventive Services without cost-sharing and before you meet your Deductible. See a list of covered Preventive Services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other Deductibles for specific services ?	No. There are no other specific Deductibles.	You don't have to meet Deductibles for specific services.
What is the Out-of-pocket Limit for this Plan?	For In-Network Provider **$2,250** person /**$4,500** family For Out-of-Network Provider **$3,750** person /**$7,500** family For Prescription Drugs **$4,000** person / **$8,000** family	The Out-of-pocket Limit is the most you could pay in a year for covered services. If you have other family members in this Plan, they have to meet their own Out-of-pocket Limits until the overall family Out-of-pocket Limit has been met.
What is not included in the Out-of-pocket Limit ?	Contributions, Balance-Billing charges and health care this Plan doesn't cover.	Even though you pay these expenses, they don't count toward the Out-of-pocket Limit.
Will you pay less if you use a Network Provider?	Yes. See **www.bcidaho.com or call 1-800-627-1188** for a list of Network Providers.	This Plan uses a Provider Network. You will pay less if you use a Provider in the Plan's Network. You will pay the most if you use an Out-of-Network Provider, and you might receive a bill from a Provider for the difference between the Provider's charge and what your Plan pays (Balance Billing). Be aware your Network Provider might use an Out-of-Network Provider for some services (such as lab work). Check with your Provider before you get services.
Do you need a Referral to see a Specialist?	No.	You can see the Specialist you choose without a Referral.

All **copayments** and **cost sharing** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay: Network Provider (You will pay the least)	What You Will Pay: Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	ChoiceDocs = $10 Copay/visit; All other In-Network $30 Copay/visit, Deductible does not apply	50% Cost Sharing after Deductible	Does not apply to additional services. Cost Sharing may not apply for pediatric physician office visit.
	Specialist visit	ChoiceDocs = $30 Copay/visit; All other In-Network $50 Copay/visit, Deductible does not apply	50% Cost Sharing after Deductible	Copay does not apply to additional services. Cost Sharing may not apply for pediatric physician office visit.
	Preventive Care/Screening/immunization	No charge for listed preventive, Screening and immunization services. Deductible does not apply.	No charge for listed immunizations. For preventive and Screening services, 50% Cost Sharing after Deductible.	You may have to pay for services that aren't preventive. Ask your Provider if the services needed are preventive. Then check what your Plan will pay for.
If you have a test	Diagnostic Test (x-ray, blood work)	No charge up to $400, then 30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	none
	Imaging (CT/PET scans, MRIs)	No charge up to $400, then 30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	none

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.bcidaho.com	Generic drugs	$7 Copay/prescription (retail and mail order)	$7 Copay/prescription (retail and mail order)	Covers up to a 90 day supply with multiple Copays. Additional Out-of-Network charges may apply.
	Preferred brand drugs	$30 Copay/prescription (retail and mail order)	$30 Copay/prescription (retail and mail order)	Covers up to a 90 day supply with multiple Copays. Additional Out-of-Network charges may apply.
	Non-preferred brand drugs	$50 Copay/prescription (retail and mail order)	$50 Copay/prescription (retail and mail order)	Covers up to a 90 day supply with multiple Copays. Additional Out-of-Network charges may apply.
	Specialty Drugs	Refer to generic, preferred brand and non-preferred brand drugs above.	Refer to generic, preferred brand and non-preferred brand drugs above.	Coverage may include limitations and Preauthorization may be required. Additional Out-of-Network charges may apply.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	Preauthorization required.
	Physician/surgeon fees	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	Preauthorization required.
If you need immediate medical attention	Emergency Room Care	$100 Copay/visit, 30% Cost Sharing after Deductible	$100 Copay/visit, 50% Cost Sharing after Deductible	Out-of-Network services paid at In-Network if Emergency Medical Condition. Copay waived if admitted.
	Emergency Medical Transportation	30% Cost Sharing after Deductible	50% Coinsurance after Deductible	----- none -----
	Urgent Care	$50 Copay/visit, Deductible does not apply	50% Cost Sharing after Deductible	Copay does not apply to additional services. Cost Sharing may not apply for pediatric physician office visit.
If you have a hospital stay	Facility fee (e.g., hospital room)	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	Preauthorization required.
	Physician/surgeon fee	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	Preauthorization required.
If you have mental health, behavioral health, or substance abuse services	Outpatient services	$30 Copay/visit, 30% Cost Sharing after Deductible for facility and other services.	50% Cost Sharing after Deductible	----- none -----
	Inpatient services	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	Preauthorization required.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you are pregnant	Office Visits	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	For pregnancy services, Cost Sharing does not apply to certain Preventive Services. Depending on the type of services, a Copay, Cost Sharing or Deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	--- none ---
	Childbirth/delivery facility services	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	--- none ---
If you need help recovering or have other special health needs	Home Health Care	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	Preauthorization required.
	ReHabilitation Services	50% Cost Sharing after Deductible	80% Cost Sharing after Deductible	Coverage is limited to 20 visit annual max.
	Habilitation Services	50% Cost Sharing after Deductible	80% Cost Sharing after Deductible	Coverage is limited to 20 visit annual max.
	Skilled Nursing Care	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	Coverage is limited to 30 day annual max.
	Durable Medical Equipment	30% Cost Sharing after Deductible	50% Cost Sharing after Deductible	Preauthorization required.
	Hospice Services	No charge. Deductible does not apply.	50% Cost Sharing after Deductible	--- none ---
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	--- none ---
	Children's glasses	Not covered	Not covered	--- none ---
	Children's dental check-up	Not covered	Not covered	--- none ---

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)
- Dental check-up (Child)
- Eye exam (Child)
- Glasses (Child)
- Hearing aids
- Infertility treatment
- Long-term care
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care
- Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage:

**** Group health coverage -**

There are agencies that can help if you want to continue coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-4444-EBSA(3272) or www.dol.gov/ebsa/healthreform; or the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance through Your Health Idaho. For more information about Your Health Idaho, visit www.YourHealthIdaho.org or call 1-855-944-3246.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your plan for a denial of claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

For any initial questions concerning a claim, or to appeal a claim or benefit decision, please contact Customer Service at 1-208-331-7347 or 1-800-627-1188, www.bcidaho.com, or at P.O. Box 7408, Boise, ID 83707.

If your plan is subject to ERISA, you may contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA or www.dol.gov/ebsa/healthreform

If your plan is fully insured or self-funded and subject to the Idaho Insurance Code, you may also receive assistance from the Idaho Department of Insurance at 1-800-721-3272 or www.DOI.Idaho.gov

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you will have to make payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for the month.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

--*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*--

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and Cost Sharing) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ **The plan's overall deductible**	$750
■ **Specialist Cost Sharing**	$25
■ **Hospital (facility) Cost Sharing**	30%
	30%

This EXAMPLE event includes services like:
Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,731**

In this example, Peg would pay:

Cost Sharing	
Deductible	$750
Copayments	$30
Cost Sharing	$2,500
What isn't Covered	
Limits or exclusions	$60
The total Peg would pay is	**$3,340**

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ **The plan's overall deductible**	$750
■ **Specialist Cost Sharing**	$25
■ **Hospital (facility) Cost Sharing**	30%
	30%

This EXAMPLE event includes services like:
Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$7,389**

In this example, Joe would pay:

Cost Sharing	
Deductible	$580
Copayments	$1,040
Cost Sharing	$0
What isn't Covered	
Limits or exclusions	$55
The total Joe would pay is	**$1,675**

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ **The plan's overall deductible**	$750
■ **Specialist Cost Sharing**	$25
■ **Hospital (facility) Cost Sharing**	30%
	30%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic test *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$1,930**

In this example, Mia would pay:

Cost Sharing	
Deductible	$750
Copayments	$150
Cost Sharing	$270
What isn't Covered	
Limits or exclusions	$0
The total Mia would pay is	**$1,170**

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  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Blue Cross of Idaho Customer Service Department. Call 1-800-627-1188 (TTY: 1-800-377-1363), or call the customer service phone number on the back of your card. If you believe that Blue Cross of Idaho has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with Blue Cross of Idaho's Grievances and Appeals Department at:

Manager, Grievances and Appeals 3000 E. Pine Ave., Meridian, ID 83642 Telephone:
1-800-274-4018
Fax: 208-331-7493
Email: grievances&appeals@bcidaho.com TTY: 1-800-377-1363

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Grievances and Appeals team is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at ***https://ocrportal.hhs.gov/ocr/portal/lobby.jsf***, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TTY). Complaint forms are available at ***<http://www.hhs.gov/ocr/office/file/index.html>***